#### Caution:

Do not stare directly at the Sunlight 365.

Users with eye problems, eye injury, laser corrective eye surgery or any other eye related conditions - you are advised to consult youropthalmologist or health care provider beforeusing the Sunlight 365.

#### This product is not listed as a medical device.

If you feel uncomfortable after using the Sunlight 365, discontinue use immediately & consult your doctor.

If the product display stops functioning replace the CR2032 battery and re-plug the adapter.

#### **Electric Specifications:**

Voltage: 6V DC Amperes: 800mA

Operating temp: 20°F - 140°F Light Frequency: 470nm



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#### WARRANTY:

90 day limited warranty against defects in material and workmanship at the time of its original purchase by the consumer.





# Sunlight 365

Artificial Sunlight 365 Days a Year



Portable Artificial Sunlight



### Sunlight 365



#### What is Sunlight 365?

Sunlight 365 is a light that mimics natural sunlight. It is designed specifically to produce certain wavelengths of light in order to give user the effect of artificial sunlight.

Light regulates our lives. We wake up with the light and go to sleep when it is dark.

During winter months when there is not a lot of natural sunlight or when it's raining or snowing, you might be affected by not being as active and feel the "blues". A bright light in a sunlight frequency can help as your brain perceives it as natural sunlight.

- It is safe as there are no UV rays.
- There are no chemicals.
- It is portable so you can travel with this unit.

#### **Sunlight 365 Features:**

- 10,000 LUX of Light
- 35 Blue LED's
- Adjustable Light Intensity 10% 100%
- Countdown Timer
- Compact for Travel
- Programmable
- Desktop Clock
- LCD Backlight
- FREE POUCH
- Power Adapter

## Sunlight 365 OPERATING MANUAL

#### **Recommended usage:**

- · Use as early as possible in the morning.
- Daily use: 30-60 minutes.
- Place at an arms length away.

Do not let this light treatment interrupt your normal activities: eating breakfast, reading newspapers, watching television, etc.

Glance at the light occasionally during each session.

#### **Operating Instructions** for Sunlight 365



- - On/Off
- Timer
- Intensity
- Program
- $\nabla$ Down

## **POWER**

Plug adapter into SUN365 and then plug adapter into power outlet.

#### LIGHT INTENSITY



INTENSITY

Information shown as a percentage of light intensity. Intensity level: 10 - 100%. Please refer to "program" for further details.

#### TIMER



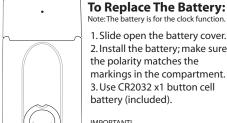


**TIMER** 

The timer counts down the remaining time that has been selected.

Timer choices: 15/30/45/60 minutes.

Please refer to "program" for further details.



Slide To Open

1. Slide open the battery cover.

2. Install the battery; make sure the polarity matches the markings in the compartment. 3. Use CR2032 x1 button cell battery (included).

IMPORTANT! Keep the instructions. Do not discard. Used batteries should be removed to



#### **Program:**

- To turn on the SUN365 press the "Power" button. The LCD display will show the "Time"
- To turn the SUN365 off, press the "Power" button for approximately two to three seconds. The LCD display will go blank.
- To have just the LED lights on without programming, turn the SUN365 "ON" then press the "intensity" button.
- To turn off the LED light, press the "Timer" button.
- 1. Turn on the SUN365.
- 2. Press the program button, located on the lower center of the keypad.
- 3. The LCD will show the timer time, the clock time, the program letter "A", "B" or "C" and the LED intensity. As shown here:



- 4. Press the program button again to set the hour.
- 5. Press the clock/timer button to set the minutes.
- 6. Press the "program" button again.
- 7. A symbol of a bell will flash on the LCD display.
- 8. Press the clock button to set the alarm hour.
- 9. Press the clock button again to set the alarm minutes.
- 10. To set the LED program, press the program button.
- 11. The timer time program and intensity will be displayed on the LCD display.
- 12. By using the "UP" & "DOWN" buttons, choose program "A", "B" or "C".
- 13. Press the timer button and using the "UP" & "DOWN" buttons set the LED timer, 15, 30, 45 or 60 minutes.
- 14. Press the "Intensity" button to set the brightness of the LED's from 10% thru 100%
- 15. Press and hold the program button for approximately 3 seconds.
- 16. The clock and function symbols will appear on
- 17. There will be a delay of 10 seconds, and then the SUN365 will run your set program.

Keep button cell battery out of reach of children. Do not use adapters other than those supplied with the product. Dispose of batteries according to the local laws and regulations of your region. Some batteries may be recycled, and may be accepted for disposal at your local recycling center. If you are not able to identify the applicable rules in your area, please check the instructions of the battery manufacturer.

