

MONDEO



The Mondeo elliptical trainer features heart rate controlled programming as well as preset programs and push button resistance adjustments. It is feature rich and provides a super smooth motion due to the heavy 45 lbs drive system. The space efficient design and proven elliptical training technology offer a total body workout and is easy to use. The electronic computer offers over 8 different training programs to satisfy any level of user. It's proven no-friction Magnetic Brake System offers plenty of challenging resistance. The German craftsmanship and attention to detail makes this elliptical trainer a leader in its class.



- Training computer with recovery feature include settings for total distance, time, calories burned and upper pulse limit
- LCD high resolution display with 6 adjustable hill profiles and 1 heart rate controlled and 1 target zone training program
- Key pad control for adjusting resistance in manual program mode

- Sturdy powder coated KETTLER® designed ergonomically formed tubing frame with customizable footplates, transport castors and levelers
- 45 lbs Drive System offers a smooth, fluid and effortless glide that mimics a natural walking or running pattern perfectly with virtually no impact
- Heart rate measured by either integrated hand pulse sensors, ear lobe clip or included wireless Polar® T34 heart rate transmitter
- Motor-controlled magnetic resistance, digitally displayed in index of 1 to 15
- Water bottle included



High quality self-aligning ball bearings for smooth running

